



Zen Art: Inspiring the Right Side of Your Brain

Winter Break Camp 2024

Instructor: Kim Tran Franchi (goes by Miss Kim)

Time	Monday Jan. 1	Tuesday Jan. 2	Wednesday Jan. 3	Thursday Jan. 4	Friday Jan. 5
8:45		Walk to Class	Walk to Class	Walk to Class	Walk to Class
9:00	HOLIDAY	Introductions, rollcall, class expectations, housekeeping rules and making portfolio folders/holders.	Morning Greeting, rollcall, class introduction to Lesson Plan – “Simply Charmed.” Prep I: Watch YouTube videos on beginning charms.	Morning Greeting, rollcall, class introduction to Lesson Plan – “Let it Flow.” A Pour Painting free flow. Watch video on dirty pour technique.	Morning Greeting, rollcall, class introduction to Lesson Plan – “Feng Shui Embossing Cards.” A Studio Ghibli movie will be played on today.
10:00		Discussion of Zen Art. Explain Lesson – “The Tree of Life.” Setup classroom, gather materials and pass out supplies.	Prep II: Students organized into four workstations and gather supplies for each workstation. Supervision is required for sharp tools.	Instructor discusses process. Prep students to pre-mix acrylics into fluid paints and discuss other options for flow painting.	Instructor discusses ancient art of Feng Shui. Instructor demonstrates process of embossing.
11:00		Cut wire to length and form tree base and limbs.	Process Steps 1-4 completed for art project	Students don on aprons and are organized into groups of 5. All paints are premixed 2:1 proportion of “Floetrol” to acrylic paint. 2-3 drops of silicone oil will be added to each premix container and shaken. Isopropyl alcohol dispensed into spray bottles.	Students are organized into 4-5 groups. Movie is started. (All movies are PG). Students will make art trading cards and greeting cards using stamps and embossing. This is a mixed media artwork activity.
Noon-1 p.m.		Lunch	Lunch	Lunch	Lunch
1:15		Select beads and bead branches.	Process Step 5 – Baking polymer clay to harden it. Allow polymer clay to cool prior to Preparation Step III.	Students don on aprons/smocks and gloves and prepare room. Students select colors. Groups are formed in two rows. Pour painting is started.	Movie is started where left off. Students continue to complete embossing. Alternative activity is Origami for those who have completed 5 pieces of artwork.
2:30		2:15 break (other activity) approx. 15-30 min. Return to classroom, finish project, share artwork, and discuss tomorrow’s lesson.	2:15 break (other activity). Approx. 15-30 min. Return to classroom. Attach magnet, or hardware for jewelry. Clean up classroom and discuss tomorrow’s lesson plan.	Students can add glitter, use a straw or drag a chain through their pour painting. Students clean room and organize for tomorrow’s lesson plan. Depending on time, an outside break may or may not occur.	2:15 break (other activity). Approx. 15-30 min. Return to classroom. Movie restarted and students complete art. Class evaluations are conducted. Classroom is cleaned, instructor survey and farewells.

* Drop off campers between 8-8:30 a.m. at Redfield Campus 18600 Wedge Parkway, Reno, NV 89511.

* Pick up campers between 4-4:30 p.m. at Redfield Campus.

* All campers should bring a morning snack, lunch, and afternoon snack every day.