



Health Care Heroes: Superpowers and Sutures

Instructor: Roman Urbano

Week of June 24

	Monday	Tuesday	Wednesday	Thursday	Friday
8:45	Walk to Class	Walk to Class	Walk to Class	Walk to Class	Walk to Class
9:00	Healthcare Heroes Camp Introduction Ice Breaker	Genetics/Mutation Presentation	Your Body: A Super Machine! Defense Mechanism	Microbiology Introduction	Healthcare Career Exploration
10:00	Healthcare System	DNA Extraction	Suturing	Handwashing Activity	IPE and Collaboration
11:00	Healthcare System Poster	Disease Information	Vitas Signs Activity	Glo Germ Activity	IPE and Collaboration Continued
11:45	Walk to Lunch Room	Walk to Lunch Room	Walk to Lunch Room	Walk to Lunch Room	Walk to Lunch Room
12:00	Lunch	Lunch	Lunch	Lunch	Lunch
1:00	Walk to Class	Walk to Class	Walk to Class	Walk to Class	Walk to Class
1:15	Your Body: A Super Machine! Muscles	Infectious Disease	REMSA CPR	Your Body: A Super Machine! The Heart	Self-Care/Wellness Introduction
2:00	Create Exercise Routine	Poster Activity	REMSA First Aid	Heart Dissection	Yoga Pod Class

3:00	Present Exercise Routine!	Patient Zero	REMSA Continued	Heart Dissection	Yoga Pod Class Continued
3:45	Leave Class	Leave Class	Leave Class	Leave Class	Leave Class

- Drop off campers between 8-8:30 a.m. in front of E. L. Wiegand Fitness Center.
- Pick up campers between 4-4:30 p.m. in front of E. L. Wiegand Fitness Center.
- All campers should bring a morning and afternoon snacks, lunch and a water bottle every day.